Shaftesbury Cycling Club

presents its

Middle Markers 25 Miles Time Trial

Saturday 24thApril 2021

Start 2.00 p.m.

Course F2a/25

Event H.Q. - Caldecote Village Hall, Furlong Way, Highfields, Caldecote, CB23 7ZH. Map Reference **TL350585**

Event Secretary: Ian Jackson 37 Mill Lane, Danbury, Chelmsford, Essex, CM3 4LB

Mobile: 07976 964408

Email: <u>25<mark>organiser@shaftesbur</mark>ycc.co.uk</u>

Timekeepers Tim and Becki Groves

Awards

Men

Improvement

|Eighth

First	£4 <mark>0</mark>	First	£50	Fifth
Second	£25	Second	£40	Sixth
-	37	Third	£30	Seventh

Fourth

Women

First	£40
Second	£25

Fastest Team of Three

£10 each

One Rider, One Prize, except for Team Award

£,30

Riders with estimated or no previous best do not qualify for Improvement. Any rider whose PB has improved since the closing date and is now faster than 56:00 may still compete but will only be eligible for Improvement prizes.

The six riders who entered with a PB faster than 56:00 were given the option of being rejected or of riding, but not being eligible for any awards.

Visit our Website at www.ShaftesburyCC.co.uk for details of all Club promotions and activities

IMPORTANT - PLEASE READ THE FOLLOWING NOTES, NATIONAL AND LOCAL CTT REGULATIONS

- No 'warming up' by competitors is allowed along any part of the designated course after the event has started.
- NO "U" TURNS are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.
- 3. No riders will be allowed into the Start area prior to 5 minutes of their Start Time.
- 4. No vehicles are to stop or park on road or verges at Start or Finish.
- Marshals placed to direct competitors off the main carriageway MUST NOT stand at the apex between the carriageway and the slip road but should be located at the commencement of slip road.
- 6. Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will also be liable to disciplinary action by the District Committee.
- 7. IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you wear a HARD SHELL SAFETY HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL Juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.
- 8. Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **NO LIGHT NO RIDE**.
- CTT has issued two PDF documents, a Covid-19 Risk Assessment and "Putting on a Cycling Time Trials Event during COVID19". If you haven't already read them please download them from the CTT website and read them carefully.
- 10. Competitors should not attend if they feel ill in ANY way especially if they or family members have any Covid19 symptoms. At no time must riders and helpers gather in groups of more than six. Social distancing must be obeyed at all times, around the HQ area, at parking areas and at the start.
- 11. No changing facilities will be available at the HQ. Separate Toilet facilities are available for men and women but only one person at a time is allowed in the respective room.
- 12. Riders' body numbers will be available at the event HQ and must be personally signed for after reading any special course instructions. We will be using normal race numbers rather than disposable numbers so make sure you return them after your ride and place into the box provided so we can wash them later.
- 13. As soon as you have finished you should return your number to the event HQ and personally sign out (failure to do so may mean you will be recorded as DNF). You should also check to see if you are required for Doping Control.
- 14. The field layout has been based on riders' best 25 and 10 times.
- 15. Please inform Organiser or Webmaster of any improvement in your Personal Best. Failure to do so could result in you being disqualified from the Improvement Award.
- 16. It's worth mentioning that the Shaftesbury runs the Middlemarkers 25 to give slower riders a chance to ride the faster courses and riders faster than the limit will normally be rejected.

HEAD DOWN RIDING KILLS!

Next Shaftesbury CC Promotions in 2021

Sunday 18thJuly 50 miles T.T. (BBAR Solos and Tandems) F2/50

Event Secretary: Gary Jackson

40 Hillcroft, Loughton, Essex, IG10 2PS Tel: 07899 962432

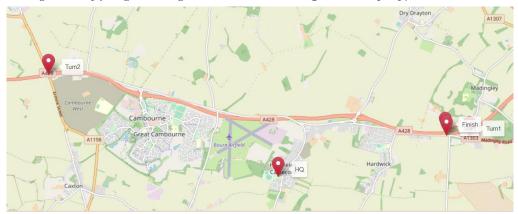
Saturday 4th September 100, 160 and 200 km Audax Club Bungalow, Henham

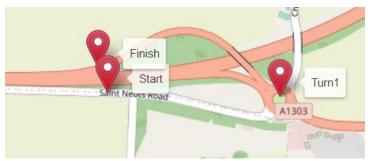
Event Organiser: Mick Dodge

27 Bruce Grove, Shotgate, Wickford, Essex. SS11 8RB Tel: 07708 722666

Details of F2a/25 Course.

START (GR TL389595) on St Neots Road west of Madingley RAB 626 yds west of RAB at a point 6 yds west of 'Comberton 2' sign and 95 yds west of road leading to Comberton. Proceed eastwards to Madingley RAB where take 1st exit onto A428 westbound, past Hardwick and Cambourne flyover junctions to TURN (6.56m) at Caxton Gibbet RAB (junction with A1198). Retrace on A428 eastbound and about 1 mile past Hardwick flyover bear left onto A1303 sliproad, signed Cambridge. Follow over A428 to TURN (12.86m) at Madingley RAB taking 4th exit to rejoin A428 and retrace westbound to TURN (19.13m) at Caxton Gibbet RAB. Retrace on A428 eastbound and again bear left onto A1303 sliproad, signed Cambridge, to FINISH on sliproad, 15 yds past two posts (was a 'Bends' sign) (GR TL388596).





<u>HQ to Start</u>: 3.2 miles of flat roads. From the HQ go left on Furlong Way to the T-junction with Highfields Road. Turn left and follow over mini RABs to large RAB where take the 3rd exit onto St. Neots Road, past the BP garage. At the next RAB take the 3rd exit signed 'Hardwick' and the start is further along this road. Signs will mark the route.

<u>Finish to HQ</u>: Continue to RAB where take 3rd exit, signed 'Comberton, Hardwick'. Stay on this road past the start until it bears right to a RAB where take the first exit. Follow this road to the next RAB where 1st left then follow over mini RABs and turn right into Furlong Way. Signs will mark the route.

<u>NOTE</u>: No vehicles to park or stop on slip road or verges at Start or Finish. There is limited parking at the HQ but careful parking on the grass is okay. There is another small parking area just past the HQ entrance. Please DO NOT park on the residential streets by the HQ (another Covid-19 consideration) – there is plenty of space to park along St Neots Road on the way towards the start.

No	Start	Name	Club	Cat	Best C<S
3	14:03	Rob MOORE	Shaftesbury CC	٧	
4	14:04	Andrew MUSSETT	Bedfordshire Road CC	S	1:06:43
5	14:05	Richard HUTT	Harp RC	V	57:02
6	14:06	Eva CALLINAN	Liv AWOL	WJ	58:31
7	14:07	Richard MELLOR	Team Bottrill	V	
8 9	14:08	David PROM	San Fairy Ann CC Ltd	V	1:03:20
9	14:09	Jon MELSON	Maldon & District CC	S	
10	14:10	Michael COPE	Kettering CC	V	56:10
11	14:11	Andrew SIMPKINS	Team Echelon	V	57:18
12	14:12	Tim SMITH	Westmead Team 88	V	58:36
13	14:13	Richard STEVENS	Shaftesbury CC	V	1:00:13
14	14:14	Judy REID	Icknield RC	WV	1:04:30
15		Adrian GOWER	Hitchin Nomads CC	V	56:48
16		Patrick CHARLTON	Wolsey RC	V	58:11
17	14:17	James DENT	Team PB Performance	V S	59:49
18	14:18	William BURTON	Cambridge CC		1:03:02
19		Alan LOVEGROVE	North Road CC	۷ S	EC 00
20	14:20	Sean BRADLEY	Bedfordshire Road CC		56:08
21	14:21	Henry TAYSOM	LFGSS CC	S	57:25
22	14:22	Graham HURRELL	Basildon CC	V	58:52
23	14:23	Andrew GIBSON	Gravesend CC St Neots CC	V	1:01:05
24 2 5	14:24	Ruth STAPLETON		W	1:06:09
25	14:25	Derek RICKETTS	Ely & District CC/B&T Motor Essex Roads CC	V	56:44
26	14:26	Trevor PHILLIPS			58:02 59:33
27	14:27	Stephen HITCHCOCK Lisa HURRELL	CC Sudbury Maldon & District CC	V WV	1:03:55
28 29	14:29	James WOOLDRIDGE	Team Milton Keynes		1:05:55
29 30	14:30	Adam SWAN	CC Ashwell	۷ S	55:25
31	14:31	Phil JARVIS	Colchester Rovers CC		57:23
32	14:32	Sean O'SULLIVAN	Eagle Road Club	V S	58:51
33	14:33	Reed PARTRIDGE	Ambion Racing Team	V	1:01:01
34	14:34	John HASSALL	Bossard Whs	V	1:05:31
35	14:35	Chanel MASON	Storey Racing	W	56:43
36	14:36	Mark THOMAS	Bigfoot CC	V	57:59
37	14:37	Susan TRIPLOW	CC Sudbury	WV	59:35
38	14:38	Andrew MERCHANT	Southend Wheelers	1 V	1:02:05
39	14:39	Mat MILLNS	Ambion Racing Team	V	1.02.03
40	14:40	Fiona SHARP	Chapeau! Vive Le Velo	W۷	55:07
41	14:41	Paul LOOKE	Shaftesbury CC	V	57:21
42		Chris SYMONDS	North Road CC	V	58:50
43	14:43	Philip JONES	Peterborough CC	V	1:00:44
44	14:44	John ARMSTRONG	Coventry Road Club	V	2.00
45	14:45	Adrian KILLWORTH	Welland Valley CC		56:28
46	14:46	Steve CORNISH	Mid Shropshire Wheelers	V	57:52
47	14:47	Graham PEPPERDINE	Verulam CC	V	59:43
48	14:48	Jack PINCHIN	ON Racing	S	1:02:01
49	14:49	Jason BROTHERHOOD	Ambion Racing Team	ΤV	
50	14:50	Stephen MURPHY	Shaftesbury CC	٧	
51	14:51	Mike WATSON	Lowestoft Wheelers Cycling Club	٧	57:15
52	14:52	Matthew GRANT	London Phoenix CC	S	58:41
53	14:53	Kevin HICKMAN	API-Metrow	V	1:00:30
54	14:54	James POULAIN	Shaftesbury CC	V	
55	14:55	Barrie WHITTAKER	Lyme Racing Club	V	56:27

No	Start	Name	Club	Cat	Best C<S
56	14:56	Carmelo LUGGERI	CC Ashwell	٧	57:44
57	14:57	Steve CROGGON	Beacon Roads CC	V	59:29
58	14:58	Ian AUNGER	Fenland Clarion CC	V	1:01:45
59	14:59	Graeme CHURCH	Team Milton Keynes	٧	1:09:01
60	15:00	Tom SIMPSON	Brixton Cycles Club	V	53:39
61	15:01	Mark EDMONDS	Shaftesbury CC	٧	57:27
62	15:02	Virginia McGEE	Charlotteville Cycling Club	WV	58:39
63	15:03	Matt WILMINGTON	Icknield RC	V	1:00:27
64	15:04	Stephanie COUSINS	QN Racing	WV	1:05:06
65	15:05	Roger PORTER	Verulam CC	V	56:20
66	15:06	Stephen I'ANSON	Buxton CC/Sett Valley Cycles	V	57:41
67	15:07	Deborah BEARE	Icknield RC	W	59:16
68	15:08	Neil DOWIE	Shorter Rochford RT	V	1:01:40
69		Peter HORSNELL	Chelmer CC	٧	1:09:00
70	15:10	Ian HOPE	Team Solo Vinci	٧	
71	15:11	Neil WHITE	Ambion Racing Team	V	57:15
72	15:12	Stuart HOURIGAN	34 Nomads CC	V	58:38
73		Joy PAYNE	High Wycombe CC	WV	1:00:25
74	15:14	Simon HIGGS	Essex Roads CC	٧	1:04:37
75	15:15	Lizi DUNCOMBE	Socks4Watts Race Team	W	56:19
76	15:16	Richard MOULE	Bossard Whs	V	57:40
77	15:17	Bob QUARTON	Wolsey RC	V	59:09
78	15:18	John MURPHY	Gloucester City Cycling Club	٧	1:01:39
79	15:19	Su-Anne BULLOCK	Icknield RC	WV	
80		Mark HOWARD	Eagle Road Club	S	51:42
81	15:21	Ian WOODCOCK	Bedfordshire Road RT	٧	57:05
82	15:22	Mike KIRBY	Banbury Star Cyclists' Club	V	58:37
83	15:23	Noel TOONE	Kettering CC	٧	1:00:14
84		Andrew GLESSING	Shaftesbury CC	۷	1:06:30
85	15:25		Wisbech Whs	V	56:18
86	15:26	Roger HUTCHINGS	Lewes Wanderers CC	V	
87	15:27	Hugh WILLIAMS	Spartan	V	59:09
88	15:28	Richard BARKER	Lea Valley CC	V	1:01:29
89	15:29	Matt PRINCE	Icknield RC	V	1:08:53
90	15:30	Darran BENNETT	Ely & District CC/B&T Motor	V	50:43
91	15:31	Louise ROBINSON	Essex Roads CC	WV	57:05
92	15:32	Gary JACKSON	Shaftesbury CC	V	58:57
93	15:33	Sarah KELMAN	St Ives CC	WV	1:02:06
94	15:34	Vida SUTOVA	Redbridge CC	WV	1:06:50
95	15:35	Jamie BISHOP	Crescent Wheelers CC	٧	56:13
96	15:36	James HEDLEY-SMITH	Verulam CC	S	
97	15:37	Cliff VOLLER	Newbury RC	V	59:02
98	15:38	Will SHEPHERD	Ely & District CC/B&T Motor Repairs	V	1:01:25
99	15:39	Jack CHARLTON-HUNT	Lee Valley Youth CC	J	1:08:19
100	15:40	Leon WEST	CC Sudbury	V	49:38
101	15:41	Paul TURTON	Team Vision Racing - Silverhook	V	57:03
102	15:42	Chris SHAW	Fenland Clarion CC	V	58:35
103	15:43	Stuart SUPPLE	VC Baracchi	V	1:00:10
104	15:44	Sean McDOUGALL	Icknield RC	V	1:03:38
105	15:45	Robert PISOLKAR	Shaftesbury CC	V V	56:10
106	15:46	Simon GERACI	Swift Racing		57:30
107	15:47	Warren JACKSON	Congleton CC	V	58:59
108	15:48	Craig CHAPPELL	Team Vision Racing - Silverhook	V S	1:01:13
109	15:49 15:50	Richard CROOK Joel STEWART	Fenland Clarion CC Team Ohten Aveas	S V	59:54
110					